

## Aura Total Sleep System

### Wake-up Light and REM Sleep Tracker



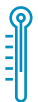
#### Sleep analysis

Aura automatically tracks your sleep duration and is able to detect the deep, non-REM light and REM sleep stages. Works for both nights and naps.



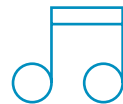
#### Heart rate tracking

The contactless sleep sensor measure your heart rate through your mattress. Your nightly heart rate is graphed in the Health Mate app.



#### Bedroom environment

Aura embeds environmental sensors that track the temperature, light level, and sound level of your bedroom.



#### Light & Sound programs

Scientifically-validated light and sound programs facilitate transition in and out of sleep. Option to use Internet radio stations or Spotify\* music.



#### Wi-Fi sync

Sleep and environmental data automatically sync in Wi-Fi, without requiring any action on your smartphone.



#### Works for your partner

An additional sleep sensor can be purchased for the Aura Total Sleep System to also track the sleep patterns of your partner.

## Bedside Device

- Friendly and elegant design to fit diverse room styles
- Touch interface to control light/sound levels and key functions
- High-power multi-color LED technology
- High-quality Audio Speaker
- Time Display (intensity adapts to user settings and ambient light levels)
- Paint-free white casing and fabric audio speaker cover
- Dimensions: 288 x 128 x 135 mms (11.3 x 5 x 5.3 in.)



## Sleep Sensor

- To be placed under mattress under the user's chest area
- Washable textile cover for perfect fit in a bedding environment
- 4m-cable with fabric finish for airwave-free connection
- Monitors sleep cycles of one person (also works in a bed with two persons)

## Connectivity

- Wi-Fi 802.11 b/g/n
- Bluetooth / Bluetooth Low Energy (Bluetooth Smart Ready)
- Spotify Connect™: enjoy your Spotify music on the Aura speaker\*
- Three USB ports: two ports for connecting up to two Withings Aura Sleep Sensor, one port for smartphone charger function

## Sensors

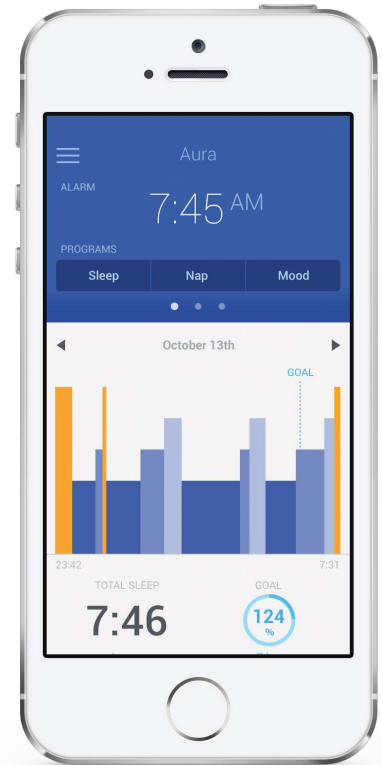
- Sleep sensor (assess your sleep cycle through the monitoring of your body movements, heart rate, and respiration rate)
- Automatic detection of presence in bed
- Room temperature measurement
- Room light level measurement
- Room sound level measurement

## Box content

- 1 Withings Aura Bedside Device
- 1 Withings Aura Sleep Sensor
- Universal Power Supply (with local plugs)
- Quick Start Guide

2nd sleep sensor available as an additional purchase.

\*Spotify Premium subscription required.



Minimum requirements:

- Wi-Fi access (2.4Ghz)
- iOS 7+ or Android 4.3+



## Withings 360° well-being experience

Pair your Smart Body Analyzer with other Withings products for even more benefits.